

WOODIE'S DIY IRISH INDOOR ATHLETIC CHAMPIONSHIPS 2008
ODYSSEY ARENA BELFAST
Promoted & Organised by Athletics NI & Athletics Ireland

Final Place	No	Name	Club	Heat Time	Semi Time	Final Time
Senior Men's 60 m Hurdles						
1	361	Coghlan, Peter	Crusaders A.C.	7.88		7.80 CBP
2	398	Davis, Daniel	Sutton&District	7.85		7.85
3	14	Hughes, Robbie	USA	7.93		7.85
4	26	Frankis, Gianni	GBR	7.92		7.92
5	504	Cech, Jan	Czech Republic	7.97		7.93
6	501	Mc Donald, Ian	Crusaders A.C.	8.1		8.07
	31	Girdler, Dominic	GBR	7.98		
	507	Sebrele, Roman	Czech Republic	8.37		
	56	Mc Dermott, Christopher	Roscommon A.C.	8.59		
	54	O'Cathain, Ciaran	Roscommon A.C.	8.72		
	213	Kearney, Philip	Tralee Harriers A.C.	8.72		
	121	Mc Cormack, Shane	Menapians A.C.	9.14		
	139	Jackman, Adrian	Menapians A.C.	9.21		
	391	Sturock, Andrew	Gateshead Harriers	9.27		
	446	Hardy, Darren	Ballymena & Antrim A.C.	10.23		
	143	Walsh, Damian	Menapians A.C.	10.78		
	226	Flatley, Brian	Shercock A.C.	DNS		
	69	Mc Glynn, Trevor	Strabane Track Club	DNS		
Senior Men's 60 m						
1	15	Edwards, Rae	USA	6.76	6.72	6.7
2	19	Norman, Josh	USA	6.91	6.82	6.71
3	415	Yearwood, Leevan	GBR	6.88	6.76	6.73
4	506	Rice, Lloyd	GBR	7	6.91	6.94
5	396	Wilson, Colin	Woodford Green	7.07	6.97	7
	375	O'Donoghue, Jer	Riocht A.C.	6.97	6.95	DNS
1	285	Duff, Derek	Leevale A.C.	7	7.09	6.99
2	233	Lynch, Craig	Shercock A.C.	7.06	7.03	7.01
3	136	Russell, Christopher	Ferrybank A.C.	7.08	7.04	7.02
4	459	Kavanagh, Daniel	Clonliffe Harriers A.C.	7.08	7.11	7.1
5	108	Adams, Dean	Ballymena & Antrim A.C.	7.04	7.09	7.11
	209	Brizzell, Paul	Ballymena & Antrim A.C.	7.13	6.98	DNS
	119	Hynes, David	Menapians A.C.	7.12	7.12	
	66	Davis, Jonny	Unattached	7.13	7.13	
	113	O'Shea, David	Dooneen A.C.	7.143	7.13	
	397	Alleyne, Rafael	City of Sheffield	7.15	7.14	
	251	Mc Namara, Carl	Leevale A.C.	7.1	7.16	
	460	Laffey, John	Clonliffe Harriers A.C.	7.11	7.16	
	413	Graham, Andrew	QUB AC	7.143		
	64	Hamilton, Scott	Regent House	7.147		
	225	Duffy, Padraig	Navan A.C.	7.17		
	220	Smith, Dermot	Navan A.C.	7.22		
	52	Lyons, Tommy	North Laois A.C.	7.22		
	296	Hannon, Eoin	Tullamore Harriers A.C.	7.24		
	216	Brown, Philip	North Down	7.24		
	257	Mc Mahon, Sean	Ballymena & Antrim A.C.	7.26		
	60	Trodden, Andrew	City of Lisburn	7.29		
	197	Hough, Darren	Sligo A.C.	7.29		
	294	Mc Carron, Patrick	Glaslough Harriers A.C.	7.3		
	295	O'Byrne, Deanna	Dundrum South Dublin A.C.	7.3		
	276	O'Brien, Nathan	Kilkenny City Harriers A.C.	7.31		

140	Monaghan, Joseph	Navan A.C.	7.32
104	Minn, Chris	Clonliffe Harriers A.C.	7.33
272	Mc Laughlin, Conor	Strabane Track Club	7.34
407	Elliot, Kenny	Unattached	7.35
238	O'Connor, James	St. Michael's Enniskillen	7.35
390	Mc Keown, Dan	Team Bath	7.38
228	Houston, John	Ballymena & Antrim A.C.	7.38
98	Saunders, Patrick	Crusaders A.C.	7.39
284	Quilligan, David	Leevale A.C.	7.4
124	Tango, Jason	Navan A.C.	7.4
142	O'Reilly, Gerard	Shercock A.C.	7.41
234	Daly, Philip	Shercock A.C.	7.45
414	Animashaun, Alexander	Harrow AC	7.46
69	Mc Glynn, Trevor	Strabane Track Club	7.48
129	Gore, Shane	Cushinstown A.C.	7.49
273	Famutimi, Hendrick	Clonliffe Harriers A.C.	7.51
461	Renaut, Pierre	Lisburn	7.53
138	O'Connor, Brendan	Ferrybank A.C.	7.55
224	Brownlees, Andrew	Ballymena & Antrim A.C.	7.56
405	Brown, Stuart	Unattached	7.56
299	O'Donohoe, Barry	Raheny Shamrock A.C.	7.57
105	Mc Brien, Caolan	St. Michael's AC	7.57
100	Melvin, Eoin	Crusaders A.C.	7.7
115	Carew, John	Dooneen A.C.	7.7
243	Toohey, Gregor	Galway City Harriers A.C.	7.7
462	Moore, Daniel	Galway City Harriers A.C.	7.71
99	Keegan, John	Crusaders A.C.	7.83
230	Mc Gahey, Gerard	Menapians A.C.	7.83
446	Hardy, Darren	Ballymena & Antrim A.C.	7.83
203	Gillen, Daniel	Athenry A.C.	7.83
271	Barry, Joe	Metro/St. Brigid's A.C.	7.91
88	O'Neill, Eoghan	Menapians A.C.	7.96
120	O'Neill, James	Menapians A.C.	8.05
278	Stanley, Adrian	Riverstick/Kinsale A.C.	8.06
210	Whyte, Jackie	Lagan Valley	8.27
212	Leckie, Rod	Lagan Valley	8.28
141	Clinton, Tom	Navan A.C.	8.62
457	Miller, Simon	Ballymena & Antrim A.C.	8.62
280	Mc Cloy, Cathal	Mid Ulster	8.71
71	Mc Bride, Donald	Unattached	8.85
63	Taylor, Earl	NIVAA	8.92
223	Dolan, Keith	Fingallians A.C.	9.21
447	Onwusonye, Henry	Ballymena & Antrim A.C.	DNS

Senior Men's 200 m

1	9	Cousins, Daniel	GBR	21.89
2	136	Russell, Christopher	Ferrybank A.C.	22.23
3	119	Hynes, David	Menapians A.C.	22.36
4	251	Mc Namara, Carl	Leevale A.C.	22.3
1	122	O'Gorman, Patrick	Menapians A.C.	22.77
2	507	Sebrele, Roman	Czech Republic	
	285	Duff, Derek	Leevale A.C.	22.47
	209	Brizzell, Paul	Ballymena & Antrim A.C.	22.37
	284	Quilligan, David	Leevale A.C.	22.91
	395	Kanoink, Nick	Birchfield Harriers	22.91
	295	O'Byrne, Deanna	Dundrum South Dublin A.C.	23.15
	396	Wilson, Colin	Woodford Green	23.23
	472	Opperman, Paul	Dublin City Harriers A.C.	23.29
	108	Adams, Dean	Ballymena & Antrim A.C.	23.32
	257	Mc Mahon, Sean	Ballymena & Antrim A.C.	23.34
	132	Lynch, Colm	Iveragh A.C.	23.43
	54	O'Cathain, Ciaran	Roscommon A.C.	23.45
	440	Fleming, John	Dundrum South Dublin A.C.	23.45
	394	Allerton, Ian	Blackheath&Bromley	23.54
	288	O'Leary, Greg	Leevale A.C.	23.57
	52	Lyons, Tommy	North Laois A.C.	23.62
	82	Joyce, Eoin	Togher A.C.	23.62
	235	Kedney, Rory	Menapians A.C.	23.67
	452	Upton, Barry	Menapians A.C.	23.72
	238	O'Connor, James	St. Michael's Enniskillen	23.75
	60	Trodden, Andrew	City of Lisburn	23.76
	414	Animashaun, Alexander	Harrow AC	23.86
	363	Kennedy, Michael	Dundrum South Dublin A.C.	23.9
	114	O'Shea, Ger	Dooneen	23.91
	139	Jackman, Adrian	Menapians A.C.	23.99
	98	Saunders, Patrick	Crusaders A.C.	24.07
	104	Minn, Chris	Clonliffe Harriers A.C.	24.25
	228	Houston, John	Ballymena & Antrim A.C.	24.25
	140	Monaghan, Joseph	Navan A.C.	24.28
	390	Mc Keown, Dan	Team Bath	24.36
	356	Woods, Allister	Orchard County	24.53
	224	Brownlees, Andrew	Ballymena & Antrim A.C.	24.63
	243	Toohy, Gregor	Galway City Harriers A.C.	24.65
	100	Melvin, Eoin	Crusaders A.C.	24.79
	113	O'Shea, David	Dooneen A.C.	24.84
	99	Keegan, John	Crusaders A.C.	25.2
	362	O'Loughlin, Ross	Gorey A.C.	25.37
	230	Mc Gahey, Gerard	Menapians A.C.	25.56
	88	O'Neill, Eoghan	Menapians A.C.	25.68
	278	Stanley, Adrian	Riverstick/Kinsale A.C.	26.1
	468	Carey, Kevin	Navan A.C.	26.13
	143	Walsh, Damian	Menapians A.C.	26.24
	355	Mc Ateer, Seamus	Strabane Track Club	26.75
	141	Clinton, Tom	Navan A.C.	29.33
	63	Taylor, Earl	NIVAA	30.68
	279	Murnane, Christopher	Leevale A.C.	DNF
	276	O'Brien, Nathan	Kilkenny City Harriers A.C.	DNS
	142	O'Reilly, Gerard	Shercock A.C.	DNS
	234	Daly, Philip	Shercock A.C.	DNS

Senior Men's 400 m

1	419	Strachan, Richard	Leeds City	49.05	47.53
2	463	Hogan, Nick	Dundrum South Dublin A.C.	49.44	48.36
3	229	Gregan, Brian	Tallaght A.C.	49	48.91
4	122	O'Gorman, Patrick	Menapians A.C.	49.81	49.27
1	283	Taggart, Simon	Donore Harriers A.C.	50.09	49.58
2	240	Mc Cloy, Kevin	Shercock A.C.	50.28	49.81
3	253	Miller, Jonathan	Dundrum South Dublin A.C.	50.41	50.24
4	193	O'Driscoll-Collins, Ciaran	Emerald A.C.	50.19	50.52
	362	O'Loughlin, Ross	Gorey A.C.	51.13	
	58	Harvey, Jason	Lagan Valley	51.23	
	442	Walsh, Kevin	Togher A.C.	51.3	
	76	Foolkes, Ronan	Togher A.C.	51.63	
	132	Lynch, Colm	Iveragh A.C.	51.74	
	394	Allerton, Ian	Blackheath&Bromley	51.93	
	363	Kennedy, Michael	Dundrum South Dublin A.C.	51.93	
	300	Kelly, Kieran	Raheny Shamrock A.C.	51.94	
	77	Ware, Kieran	Togher A.C.	51.98	
	393	O'Neill, Gary	Leeds City	52	
	79	O'Brien, Liam	Togher A.C.	52.14	
	213	Kearney, Philip	Tralee Harriers A.C.	52.28	
	452	Upton, Barry	Menapians A.C.	52.34	
	272	Mc Laughlin, Conor	Strabane Track Club	52.46	
	114	O'Shea, Ger	Dooneen	52.74	
	440	Fleming, John	Dundrum South Dublin A.C.	53.02	
	105	Mc Brien, Caolan	St. Michael's AC	53.57	
	121	Mc Cormack, Shane	Menapians A.C.	53.78	
	252	O'Donnell, Liam	Annadale Striders A.C.	54.43	
	239	Kidd, Andrew	Dundrum South Dublin A.C.	54.51	
	356	Woods, Allister	Orchard County	54.52	
	112	Lennon, Ray	Dooneen A.C.	54.83	
	444	Ruxton, James	Shercock A.C.	55.76	
	245	Shore, David	Slaney Olympic A.C.	56.91	
	289	Somerville, David	Tallaght A.C.	59.41	
	281	Owens, Cathal	Leevale A.C.	DNS	
	466	Dowd, Michael	Riocht A.C.	DNS	

Senior Men's 800 m

1	17	Mc Ilroy, James	Abbey A.C.	1.54.14	1.49.61
2	5	Kiplagat, Richard	Kenya	1.52.34	1.50.17
3	22	Bundzik, Branislav	Slovakia	1.54.22	1.51.55
4	244	Warne, Joe	Doheny A.C.	1.55.29	1.51.76
5	204	Kelly, Feidhlim	Raheny Shamrock A.C.	1.58.55	1.53.20
6	242	Morrow, Steven	Ballymena & Antrim A.C.	1.55.15	1.53.88
7	470	Moss, Damien	Woodford Green A.C.	1.52.48	2.04.16
	144	O'Brien, Alan	West Waterford A.C.	1.55.38	
	254	Healy, Conor	Clonliffe Harriers A.C.	1.55.58	
	222	Collins, Noel	Omagh Y.C. Harriers A.C.	1.56.94	
	62	Gourley, Andrew	Willowfield Harriers	1.58.42	
	102	Mc Cluney, Simon	Lagan Valley	1.58.48	
	221	Robinson, Niall	North Down	1.58.82	
	287	Kinahan, Ivan	Crusaders A.C.	1.59.42	
	469	Jones, Chris	Raheny Shamrock A.C.	1.59.97	
	475	Murphy, Conor	Naas A.C.	2.00.67	
	420	Hamilton, Patrick	City of Derry	2.01.03	
	84	Mc Donagh, Morgan	Dunboyne A.C.	2.01.30	
	214	O'Connor, Gearoid	Rathfarnham W.S.A.F. A.C.	2.01.59	
	249	Bogues, Patrick	Omagh Y.C. Harriers A.C.	2.02.04	
	67	Stewart, Darren	Strabane Track Club	2.02.49	
	110	Hoy, Mark	St. Michael's College	2.06.06	
	68	Mc Brearty, Mark	Strabane Track Club	2.08.27	
	95	Maher, Robert	Drogheda & District A.C.	2.08.73	
	70	Crawford, Jamie	Strabane Track Club	2.09.67	
	457	Miller, Simon	Ballymena & Antrim A.C.	2.12.97	
	465	Mc Cool, Kevin	Armagh A.C.	2.13.99	
	96	Skeffington, Daniel	Drogheda & District A.C.	DNS	
	471	Adams, Ray	Birchfield Harriers A.c.	DNS	

Senior Men's 1500 m

1	421	Kane, Kevin	Scotland	3.56.43	3.51.45
2	231	Hill, Gareth	Ballymena & Antrim A.C.	3.58.50	3.52.37
3	360	Mc Cartan, Patrick	West Limerick A.C.	4.00.21	3.52.68
4	264	O'Neill, Eugene	Crusaders A.C.	3.59.90	3.53.14
5	196	Conroy, Martin	Sligo A.C.	3.58.59	3.53.92
6	298	Moriarty, Kevin	Raheny Shamrock A.C.	4.00.63	3.55.80
7	195	Dunleavy, Emmet	Sligo A.C.	3.59.50	3.56.69
8	263	Budde, James	North Down	4.03.67	4.01.96
	301	Carleton, Owen	Abbey A.C.	4.05.49	
	357	Carlisle, John	North Down	4.06.15	
	106	O'Hare, James	East Down	4.09.07	
	131	Mc Brearty, Darren	Letterkenny A.C.	4.10.42	
	30	Matthews, Steven	Scotland	4.11.21	
	97	Kirwan, Brian	St. L. O'Toole A.C.	4.11.52	
	232	Marsh, Francis	North Down	4.13.54	
	267	Cross, Robert	Crusaders A.C.	4.19.33	
	236	Collins, Ciaran	Omagh Y.C. Harriers A.C.	4.21.15	
	367	Shields, Niall	St. Killian's	4.22.18	
	304	Fisher, Andrew	Omagh Y.C. Harriers A.C.	4.22.61	
	237	Moore, Conor	Omagh Y.C. Harriers A.C.	4.33.24	
	86	Mc Fadden, Sean	Letterkenny A.C.	DNS	

Senior Men's 3000 m

1	474	Turnbull, Gareth	St. Malachy'S A.C.		8.06.10
2	377	Reale, Liam	Limerick A.C.		8.15.22
3	6	Bowden, Adam	GBR		8.17.55
4	73	Thornton, Gary	Galway City Harriers A.C.		8.29.75
5	369	Fleming, Paul	Rathfarnham W.S.A.F. A.C.		8.36.08
6	370	Ryan, Mark	Rathfarnham W.S.A.F. A.C.		8.45.63
7	455	Taylor, Simon	Abbey A.C.		8.52.77
8	467	Mc Donnell, Rory	Dunboyne A.C.		8.55.47
9	107	Teer, Brendan	East Down		8.56.43
10	290	King, Dan	Milford A.C.		8.58.50
11	80	Ryan, Kieran	Togher A.C.		9.02.44
12	297	Faulkner, Ryan	St. Malachy's A.C.		9.05.14
13	101	Cullen, Niall John	St. Michael's College		9.16.77
14	72	Geraghty, Fergal	Galway City Harriers A.C.		9.17.25
15	57	Diamond, Daniel	Beechmount Harriers A.C		9.29.34
16	61	Brown, Stuart	City of Lisburn		9.31.50
	241	Kerr, Shane	Armagh A.C.		DNS

Senior Men's 5km Walk

1	81	Heffernan, Robert	Togher A.C.		18.51.46 NR
2	453	Costin, Jamie	West Waterford A.C.		20.56.49
3	135	Kidd, David	St. L. O'Toole A.C.		21.38.19
4	286	Boyce, Brendan	Milford A.C.		22.02.44
5	134	Egan, John	Bree A.C.		22.15.40
6	402	Doyle, Michael	Tara A.C.		22.20.04
7	441	Fitzpatrick, Paul	Shercock A.C.		22.29.18
8	75	Healy, Timothy	Togher A.C.		24.40.22
	260	O'Domhnaill, Brian	Finn Valley A.C.		DNF