

WOODIE'S DIY IRISH INDOOR CHAMPIONSHIPS 2010

TIMETABLE OF EVENTS

Saturday 6th February 2010				
16.15	5,000 Walk	Men		
16.45	60m Heats	Women		
17.05	60m Heats	Men		
17.30			Pole Vault	Women & Men
17.35	400m Heats	Women		
17.50	3,000M Walk	Women		
18.00			Long Jump	Women
18.05			Shot	Women
18.15	400m Heats	Men		
18.35	1500m Heats	Men		
18.55	3,000M Final	Women		
19.10	800m Heats	Women		
19.30	800m Heats	Men		
19.50	3000m Final	Men	Triple Jump	Men
20.00			High Jump	Women
20.05	200m Heats	Men		

Sunday 7th February 2010				
12.50	Primary Schools Agility Challenge			
13.15	200m Heats	Women		
13.30	Shot	Men		
13.40	60mH Heats	Men	Triple Jump	Women
14.00	1500m Final	Women		
14.10	1500m Final	Men		
14.20	60m H Heats	Women		
14.35	60m Semi Final	Men		
14.50	60m Semi Final	Women		
15.00	400m 'B' Final	Women		
15.10	400m 'B' Final	Men	High Jump	Men
15.20	800m Final	Men		
15.30	400m Final	Women		
15.40	400m Final	Men	Long Jump	Men
15.50	60m H Final	Men		
16.05	60m H Final	Women		
16.10	60m Final	Women		
16.15	60m Final	Men		
16.20	200m Final	Women		
16.25	200m Final	Men		
16.35	800m Final	Women		
16.40	200m 'B' Final	Men		
16.45	200m 'B' Final	Women		
	Primary Schools Agility Challenge			

**Timetable is subject to change*