

Woodie's DIY Indoor Championships of Ireland
Odyessy Arena 6 & 7 February, 2010
Senior Men's 60 m Hurdles

Place/Name/Club/Time

- 1, C O'Cathain Raheny Shamrock A.C. 8.57
- 2, J Fagan Clonliffe Harriers A.C. 8.90
- 3, P Byrne St. Abbans A.C. 9.23
- 4, A Jackman Menapians A.C. 9.24
- 5, A Lee St. Joseph's A.C. 10.56

Senior Men's 60 m

Place/Name/Club/Time

- 1, P Hession Athenry A.C. 6.75
- 2, D Adams Ballymena & Antrim A.C. 6.89
- 3, D O'Shea Dooneen A.C. 6.95
- 4, S Colvert U.C.D. A.C. 6.98
- 5, D Graham Sli Cualann A.C. 7.01
- 6, E Hannon Tullamore Harriers A.C. 7.06

Senior Men's 200 m

Place/Name/Club/Time

- 1, D Graham Sli Cualann A.C. 21.87
- 2, D Hynes Menapians A.C. 22.18
- 3, P Phelan Dundrum South Dublin A.C. 22.34
- 4, L O'Cathain Roscommon A.C. 22.55
- 1, J Davis Raheny Shamrock A.C. 22.97
- 2, C Owens Leevale A.C. 23.03
- 3, F Kenny Sli Cualann A.C. 23.14
- 4, E Muldowney Castlecomer A.C. 23.16

Senior Men's 400 m

Place/Name/Club/Time

- 1, N Hogan Dundrum South Dublin A.C. 48.59
- 2, T Crowe Dooneen A.C. 48.84
- 3, J Harvey Lagan Valley A.C. 49.05
- 4, K Kelly Raheny Shamrock A.C. 49.10
- 1, B Gregan Clonliffe Harriers A.C. 47.57
- 2, B Ryan Ferrybank A.C. 49.11
- 3, P Maher Leevale A.C. 49.47
- 4, G Kennedy Tullamore Harriers A.C. 50.77

Senior Men's 800 m

Place/Name/Club/Time

- 1, J Mc Ilroy Ballymena & Antrim A.C. 1.52.23
- 2, D Mc Carthy Le Cheile A.C. 1.53.68
- 3, M English Letterkenny A.C. 1.53.86
- 4, D Mc Brearty Letterkenny A.C. 1.53.91
- 5, J Warne Doheny A.C. 1.54.31
- 6, A Ingram Lagan Valley A.C. 1.55.79
- 7, K Maher Thurles Crokes A.C. 1.55.90
- 8, D Mooney Letterkenny A.C. 1.55.91

Senior Men's 1500 m

Place/Name/Club/Time

- 1, C Costello Star Of The Sea A.C. 3.58.81
- 2, C Healy Clonliffe Harriers A.C. 3.59.38
- 3, A Monaghan Lagan Valley A.C. 3.59.84
- 4, J O'Hare East Down A.C. 4.00.46

- 5, P Monaghan Lagan Valley A.C. 4.00.89
- 6, S Mc Cluney Lagan Valley A.C. 4.01.68
- 7, P Mc Laughlin Finn Valley A.C. 4.01.97
- 8, N Robinson North Down 4.02.74
- R Finnegan Letterkenny A.C. DNS

Senior Men's 3000 m

Place/Name/Club/Time

- 1, A O'Brien Crusaders A.C. 8.11.44
- 2, P Miles Owls A.C. Leicester 8.13.07
- 3, T Fitzpatrick Tallaght A.C. 8.14.23
- 4, E Dunleavy Sligo A.C. 8.18.98
- 5, R Corcoran Raheny Shamrock A.C. 8.25.58
- 6, L Reale Limerick A.C. 8.27.74
- 7, M Mc Killop St. Malachy's A.C. 8.27.76
- 8, E Flynn Rathfarnham W.S.A.F. A.C. 8.30.29
- 9, M Conroy Sligo A.C. 8.31.15
- 10, J Coghlan Metro/St. Brigid's A.C. 8.31.65
- 11, L Tremble Metro/St. Brigid's A.C. 8.32.18
- 12, E Mc Ginley Annadale Striders A.C. 8.32.37
- 13, A Bailey Clonliffe Harriers A.C. 8.33.02
- 14, J Mc Carthy East Cork A.C. 8.37.65
- 15, J Travers Donore Harriers A.C. 8.38.33
- 16, A Agnew Abbey A.C. 8.42.51
- 17, R Zakis West Waterford A.C. 8.45.43
- 18, S Millar Ballymena & Antrim A.C. 8.52.64
- 19, F Marsh North Down 9.06.36
- 20, N Collins Omagh Y.C. Harriers A.C. 9.12.06
- 21, E Totten Newcastle & District A.C. 9.15.15

Senior Men's 5km Walk

Place/Name/Club/Time

- 1, R Heffernan Togher A.C. 19.24.64
- 2, C Griffin Ballinamore A.C. 19.47.34
- 3, J Costin West Waterford A.C. 19.48.73
- 4, B Boyce Letterkenny A.C. 20.18.28
- 5, T Bosworth Tonbridge A.C. Leeds 20.45.60
- 6, M Doyle Tara A.C. 21.05.38
- 7, D Kidd St. L. O'Toole A.C. 21.37.63
- 8, J Treanor Shercock A.C. 22.11.73
- 9, T Healy Togher A.C. 23.11.75
- 10, C Mc Menamon Westport A.C. 23.43.20
- 11, E Caprice Dundrum South Dublin A.C. 23.44.59
- 12, J Cassin Finn Valley A.C. 23.53.65
- A Wright Unattached DNF

Senior Men's High Jump

Place/Name/Club/Hgt (m)

- 1, B Pender St. Abbans A.C. 2.15
- 2, A O'Dwyer Kilkenny City Harriers A.C. 2.10
- 3, K Foroughi Star of the Sea A.C. 2.10
- 4, S Herron City of Derry 2.00
- 5, M Kinkosz Clonliffe Harriers A.C. 1.95
- 6, I Muntean Galway City Harriers A.C. 1.90
- 7, P Fryer City of Derry 1.75
- 8, N Lyons Ballymena & Antrim A.C. 1.70

Senior Men's Long Jump

Place/Name/Club/Dist (m)

- 1, E Hannon Tullamore Harriers A.C. 7.40
- 2, A Mc Mullan Mid Ulster A.C. 7.10
- 3, A Kennedy Abbey A.C. 7.08
- 4, D Quilligan Leevale A.C. 6.91
- 5, S Doyle St. L. O'Toole A.C. 6.83
- 6, C Dolan Unattached 6.55
- 7, E Fahey Donore Harriers A.C. 6.52
- 8, D Tobin Trim A.C. 6.32
- 9, N Jege Dooneen A.C. 6.24
- 10, D Finnegan U.C.C. A.C. 6.21
- 11, J Connolly Raheny Shamrock A.C. 6.16
- 12, M Teggart Ballymena & Antrim A.C. 6.03
- 13, R Whelan Navan A.C. 5.85
- 14, J Coyle Olympian Athletics 5.82

Senior Men's Triple Jump

Place/Name/Club/Dist (m)

- 1, E Kelly St. Abbans A.C. 14.70
- 2, D Finnegan U.C.C. A.C. 14.16
- 3, F Egan St. Abbans A.C. 14.10
- 4, N Counihan Dooneen A.C. 13.90
- 5, C Cronin Dundrum South Dublin A.C. 12.07

Senior Men's Shot Putt

Place/Name/Club/Dist (m)

- 1, K Kelly Fr. Murphy A.C. 18.85
- 2, J Stevenson Essex Beagles A.C. (England) 16.98
- 3, S Breathnach Galway City Harriers A.C. 15.28
- 4, D Brunt City of Sheffield (England) 15.23
- 5, J Rauktys Clonliffe Harriers A.C. 14.92
- 6, K Stout Celbridge A.C. 13.61
- 7, J Harper North Down 13.59
- 8, M O'Reilly Shercock A.C. 11.29
- 9, J Mc Whinney City of Lisburn 9.49

Senior Men's Pole Vault

Place/Name/Club/Hgt (m)

- 1, D Donegan Clonliffe Harriers A.C. 4.85
- 2, I Rogers Clonliffe Harriers A.C. 4.50
- 3, T Reynolds North Down 4.40
- 4, R O'Brien Crusaders A.C. 4.40
- 4, T Houlihan West Waterford A.C. 4.40
- 6, R Whyte Brothers Pearse A.C. 4.20
- 6, S Greene Unattached 4.20
- 8, K Doherty Dunboyne A.C. 3.80
- 8, M Pantea Raheny Shamrock A.C. 3.80
- 10, L Houlihan West Waterford A.C. 3.80
- 11, M Cosgrave Queens University A.C. 3.40
- 12, C Doherty Tir Chonaill A.C. 3.00

Senior Women's 60 m Hurdles

Place/Name/Club/Time

- 1, D O'Rourke Leevale A.C. 8.18
- 2, M Murphy U.C.D. A.C. 8.62
- 3, S Lawler Celbridge A.C. 8.65
- 4, A Mc Neilly Regent House 9.23
- 5, R Mc Allister Ballymena & Antrim A.C. 9.26

6, K Byrd Leevale A.C. 9.36

Senior Women's 60 m

Place/Name/Club/Time

- 1, C Brady Celbridge A.C. 7.35
- 2, A Mc Sweeney Leevale A.C. 7.49
- 3, N Whelan Ferrybank A.C. 7.50
- 4, J Healy Bandon A.C. 7.57
- 5, A Boyle Ballymena & Antrim A.C. 7.74
- 6, E Fitzpatrick Gneeveguilla A.C. 7.76

Senior Women's 200 m

Place/Name/Club/Time

- 1, K Proper Ferrybank A.C. 24.14
- 2, N Whelan Ferrybank A.C. 24.15
- 3, S Creaner Dublin City Harriers A.C. 25.16
- 4, S Murray Fingallians A.C. 26.20
- 1, S Kilduff Claremorris A.C. 25.96
- 2, S Heinsch Leevale A.C. 26.12
- F Marino Pro Sesto Athletica DNS
- J Mills Ballymena & Antrim A.C. DNS

Senior Women's 400 m

Wind :

Place/Name/Club/Time

- 1, J Patterson Ballymena & Antrim A.C. 56.43
- 2, C Mooney Naas A.C. 56.60
- 3, C Mc Mahon Ballymena & Antrim A.C. 56.74
- 4, S Scallan Raheny Shamrock A.C. 59.15
- 1, E O'Connell Blarney/Inniscara A.C. 59.05
- 2, E Mc Ilveen City of Lisburn 59.25
- 3, M Rogers Abbey A.C. 59.30
- 4, L Harvey Tir Chonaill A.C. 61.53

Senior Women's 800 m

Place/Name/Club/Time

- 1, C Mageean City of Lisburn 2.07.82
- 2, C Everard U.C.D. A.C. 2.09.21
- 3, F Kehoe Kilmore A.C. 2.10.72
- 4, N Kearney Sli Cualann A.C. 2.13.18
- 5, K Kirk Lagan Valley A.C. 2.13.43
- 6, C Long City of Lisburn 2.13.71
- 7, E Mitchell Banbridge A.C. 2.14.42
- 8, S Eviston Raheny Shamrock A.C. 2.14.77

Senior Women's 1500 m

Place/Name/Club/Time

- 1, K McNiece City of Lisburn A.C. 4.14.63
- 2, D Byrne Sli Cualann A.C. 4.15.82
- 3, B Woods Clonliffe Harriers A.C. 4.40.74
- 4, J Mills Lagan Valley A.C. 4.47.69
- 5, R Campbell Lagan Valley A.C. 4.49.87
- A Brady Sportsworld A.C. DNS
- C Brady Sportsworld A.C. DNS

Senior Women's 3000 m

Place/Name/Club/Time

- 1, D Byrne Sli Cualann A.C. 9.03.53

2, H Murphy Dundrum South Dublin A.C. 9.05.43
3, K Harty Newcastle A.C. 9.26.41
4, A Brady Sportsworld A.C. 9.53.40
5, C Jennings Sportsworld A.C. 9.57.33
6, P Curley Tullamore Harriers A.C. 9.58.59
7, L Reilly Clonliffe Harriers A.C. 10.00.93
8, C Phelan St. Abbans A.C. 10.03.58
9, C Brady Sportsworld A.C. 10.23.92
10, S Scott Willowfield Harriers 11.53.28
M Curley Craughwell A.C. DNS

Senior Women's 3 km Walk

Place/Name/Club/Time

1, Z Malikova West Waterford A.C. 12.36.43
2, L Reynolds Mohill A.C. 13.09.99
3, K Veale West Waterford A.C. 13.18.44
4, E Prendiville Farranfore Maine Valley A.C. 14.32.52
5, E Doherty North Belfast Harriers 14.47.92
6, F Dennehy St. Senans A.C. 15.17.49
7, A Gissane Monaghan Phoenix A.C. 18.00.77
M Curley Craughwell A.C. DNF

Senior Women's High Jump

Place/Name/Club/Hgt (m)

1, R Daniels Na Fianna A.C. 1.75
1, P Hughes Westport A.C. 1.75
3, C Mc Namara Athenry A.C. 1.65
4, H Buckley Raheny Shamrock A.C. 1.60
5, R Howard Bandon A.C. 1.55
6, C Basquille Sli Cualann A.C. 1.55

Senior Women's Long Jump

Place/Name/Club/Dist (m)

1, K Proper Ferrybank A.C. 6.35
2, M Mc Loone Tír Chonaill A.C. 5.83
3, N Power Ferrybank A.C. 5.70
4, J Mills Ballymena & Antrim A.C. 5.68
5, M Devlin Abbey A.C. 5.48
6, L Herron Lisburn A.C. 5.27
7, P Boyle Cranford A.C. 5.01
8, C Dolan Na Fianna A.C. 4.77
9, J McGurk Mid Ulster A.C. 4.50
10, R Catterall Upper Bann A.C. 4.02

Senior Women's Triple Jump

Place/Name/Club/Dist (m)

1, M Mc Loone Tír Chonaill A.C. 12.50
2, C King Westport A.C. 12.22
3, M Devlin Abbey A.C. 11.72
4, H Todd Ballymena & Antrim A.C. 11.50
5, J Herron City of Derry 10.86
6, F Hill Newbridge A.C. 10.81
7, O Mc Ginley Clonliffe Harriers A.C. 10.60
8, L Kelly Borrisokane A.C. 10.16

Senior Women's Shot Putt

Place/Name/Club/Dist (m)

1, F Moloney Dooneen A.C. 11.90

- 2, T Bradfield Bandon A.C. 10.63
- 3, G Finnegan Dunleer A.C. 10.45
- 4, K Hetherington North Down 9.26
- 5, L Coomey Bandon A.C. 9.19
- 6, P Smith Bailieboro A.C. 9.17
- 7, J Murphy North Down 8.99
- 8, H Buckley Raheny Shamrock A.C. 8.64
- 9, L Glover Lagan Valley A.C. 8.51
- 10, M Pilkington Dunboyne A.C. 7.63

Senior Women's Pole Vault

Place/Name/Club/Hgt (m)

- 1, C Wilkinson Ballymena & Antrim A.C. 3.90
- 2, S Semeraro University of Ulster A.C. 3.90
- 3, N Savage Youghal A.C. 3.20
- 4, S Ryan Youghal A.C. 2.80
- 5, L Houlihan West Waterford A.C. 2.80
- 6, L Duggan Ballymena & Antrim A.C. 2.80